

Editor's Note



Winter isn't usually known as a season of growth, but at ACCH, we haven't stopped growing. Our family has increased with the birth of Maja Jessica Rose to Paul and Geeti. Congratulations to you both, and welcome to Maja, who weighed in at 9lb 1oz – in her father's words, *robust*. Mother, father and daughter are all healthy, happy, and have entered that surreal zone known as sleep deprivation. The newsletter has also grown in size – this issue is three pages long. This month's focus is on one of the kingdoms from which many of our remedies are sourced – The Mineral Kingdom, a kingdom that is also growing with the discovery of new elements like the Lanthanides (see last issue). Two new elements are also featured on Page 3.

In this issue, Jeannette Bennett presents an interesting case of a patient needing a mineral remedy. She evaluates the case by analyzing expressions and components. Jeannette will also be presenting mineral cases at the next ACCH seminar on Saturday August 5th – please come along. Details of the seminar are given on Page 2. I hope you enjoy the newsletter. Have a happy and prosperous couple of months.

Kathy

THYROID AND MOTHERING

*A Mineral Case:
Analysis using expressions and components*

Sharon presented in June 2000 with constipation; episodes of fatigue; sleeplessness waking at 3am; and cramps in her calves with restless leg syndrome. Subsequent blood tests indicated she was hypothyroid and had Hashimoto's disease. The first thing she said to me in her first consultation was *There have been a lot of changes and ensuing problems at the bank* [she worked as a supervisor for bank tellers in a large bank] *and the boss said, 'It's your baby!'* She said she felt betrayed and dismissed by his comment. As I look back through her case now, I can isolate expressions that all have the same theme. Here are some of them:

My duty is to protect my children and I can't if the situation prevents me.

I was the mother to my little sister, crying babies need comforting.

In 1985, I had a hysterectomy because of uncontrolled bleeding, and I grieved over the loss of no more babies.

I wanted to be in the police, where I could be a responsible person who helped people in bad situations. The police wear a uniform and that gives authority, someone solid and reliable.

As a child I was the responsible one. I looked after Mum and the sisters, I was afraid that my parents would separate and who would go with whom.

I push myself until there is nothing left, there's always another summit and I look for the next thing.

I would never accept help from my father, he was a drunk, he let me down, he made me grow up and take responsibility. I proved to him I could manage on my own.

I am the caregiver in my family, without that there is no reason to exist.

I am an extremely responsible and organized person.

What are the main components of these expressions?

Duty, protection; loss; children and babies; reliable; responsible; authority; nothing left; push; let down; proving; exist; betrayed; organized
From this list, we can put together her situation for feeling OK, her posture for survival: **I am OK if... I take the responsibility and act in a dutiful and reliable way to protect the children.**

The kingdom is mineral because we see aspects in the case of someone who is solid and reliable; emotion does not play a large part, for example, losing babies is spoken of in a controlled way. We see aspects of the power play of metals; the desire to push and to prove oneself and to take up the challenge of the task. We also see the relationship components of the Salts on the periodic table - the relationship between an individual and the child.

The task of the Iron Series is to prove that they are capable of doing basic tasks. These are simple tasks that are routinely done by most people around the world, for example, cooking and cleaning. From Stage One, Kali, through to Bromium in Stage 17, we see the development of this basic task. Kali impulsively does the task, takes it up without question, does not feel observed or criticized in the task, they just simply do it. Whereas, by the time we reach Stage 17, Bromium has lost her ability to do the task, she is guilty and everyone knows it and she can only now leave the situation feeling totally betrayed.

In this case, we see Kali in the need to perform a duty and to do it well and in a solid reliable way. Kali is a very reactive substance and does not stand alone easily; it needs a relationship to complete it. Kali is at Stage One where *alone* and *impulsive* are big features. The elements in the periodic table are sensitive to losing something, feeling a lack in some way, so they need to add something to make them complete.

Continued on Page 2.

THYROID AND MOTHERING

Continued from Page 1.

This patient needs children to make her complete. She took up the role of mother to her own mother and her siblings while she was still a child. With this posture for survival, she got security which is another feature of iron series – *Do I have my basic security?* She also loses her sense of who she is or her own identity as she takes up the role of the mother.

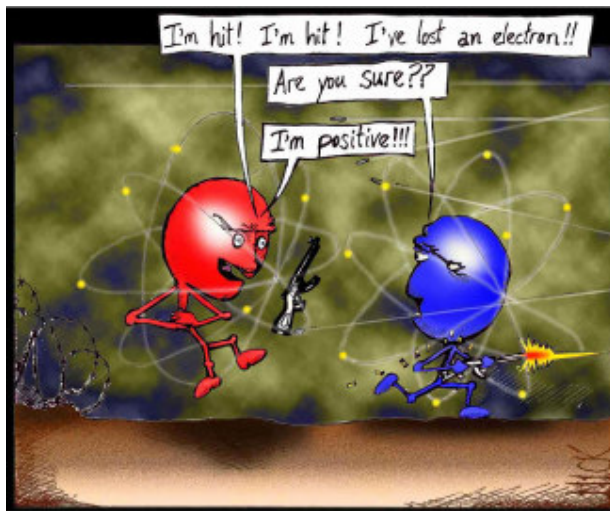
In the Silica Series, the task is to establish and assert identity. In the beginning at Stage 1, Natrum has no sense of identity, so Natrums are very dependent on the relationship. By Stage 17 at Chlorum, the identity is established but the relationship has come to an end *ceasing to exist* (as a mother); *nothing left*. Chlorum now has to let go of the relationship because their identity is no longer valid. Kali Muriaticum says, *I have a duty to be a good mother and to take care of the family.* (Scholten, *Homeopathy and Minerals*)

As a child when Sharon saw her parents arguing and her father not taking responsibility for the family, and recognized her mother's incapacity, she feared she would lose her security (Iron Series). She took up (Kali – Stage 1) the role and task (Iron) of being the mother (Chlorum), even though she was only a child herself.

What she gained from this was security (the left side of the table gains from the relationship) and what she lost was her identity to grow and develop as a child. (the right side of the table loses).

After Kali Mur, Sharon left the bank and searched for another job where she could be herself. She now works as a facilitator for a private training establishment. She no longer suffers from leg cramps and very rarely has restless legs. Her thyroid levels are back to normal.

Jeannette Bennett



Another casualty in the War of the Atoms.

Thanks to cartoonist Nick (Nick D. Kim) for allowing us to reproduce his work. No, he isn't a homeopath, he's an honorary lecturer and scientist of chemistry at the University of Waikato.

His cartoons are freely available on his website <http://www.nearingzero.net> for non-profit or educational purposes.

SEMINAR NEWS

This term we are running only one seminar day: **Saturday August 5th**. The day is aimed at post-graduate level.

Jeannette Bennett will be running the day. Jeannette specializes in lecturing about Scholten's and Sankaran's methods of case taking and analysis and has chosen to focus on the mineral kingdom during the morning session. She will be presenting a number of cases. There will be opportunities to workshop cases, as well as discuss stages and series of the Periodic Table.

1	2											18	19	20			
H	He											Ne	Ar	Kr	Xe	Rn	
Li	Be											B	C	N	O	F	Ne
Na	Mg											Al	Si	P	S	Cl	Ar
K	Ca	Sc	Ti	V	Cr	Mn	Fe	Co	Ni	Cu	Zn	Ga	Ge	As	Se	Br	Kr
Rb	Sr	Y	Zr	Nb	Mo	Tc	Ru	Rh	Pd	Ag	Cd	In	Sn	Sb	Te	I	Xe
Cs	Ba	*La	Hf	Ta	W	Re	Os	Ir	Pt	Au	Hg	Tl	Pb	Bi	Po	At	Rn
Fr	Ra	+Ac	Rf	Hs	Sg	Ns	Hs	Mt	110	111	112	113					
		* Lanthanide Series	Ce	Pr	Nd	Pm	Sm	Eu	Gd	Tb	Dy	Ho	Er	Tm	Yb	Lu	
		+ Actinide Series	Th	Pa	U	Np	Pu	Am	Cm	Bk	Cf	Es	Fm	Md	No	Lr	

The afternoon session will begin with a summary of the recent meeting in Auckland between stakeholders (including homeopaths) and the Australia New Zealand Therapeutic Products Authority (ANZTPA). This was an information session on the proposed approach to the regulation of homeopathic and anthroposophic medicines, and essences. Essentially, it was designed to inform stake holders of the policies already in place and those that are currently being proposed. As homeopaths, we must keep informed on what is happening and act to ensure that our freedom to practice successfully and responsibly isn't taken away from us.

The remainder of the afternoon session will be devoted to work shopping difficult cases presented by homeopaths attending the seminar. **If you have a case that you are stuck with, please bring it along.** Sharing the case in a supportive environment may provide you with useful ideas for continued treatment.

The seminar runs from **9am to 4pm**. Lunch break is from 12 – 1pm. There are plenty of cafes and bakeries in nearby Kingsland.

ACCH senior students are required to attend the day.

To register in advance, please contact the ACCH office by phone or email. Attending the seminars is free to all ACCH students. Charges to others who attend are as follows:

ACCH Graduates: \$15 for the day.

Other practitioners/students: \$30 for the day.

The last seminar for the year will be on **Saturday October 28th**. Don't forget to put this date in your diary now.

Auckland College of Classical Homeopathy: t 377 2214; Fax: 09 377 1148
Address: 317 New North Road, Kingsland; PO Box 56 655, Dominion Road, Mt Eden, Auck 1446.
Website: www.homeopathynz.co.nz. **Email:** info@homeopathynz.co.nz

New Homoeopathic Remedies Discovered

Element Name: WOMANIUM
Symbol: WO
Atomic Weight: Don't even go there.



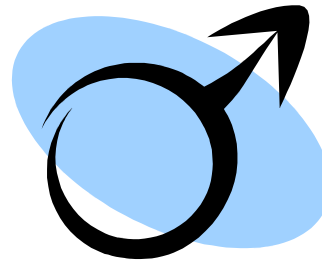
Physical Properties: Generally soft and round in form. Boils at nothing and may freeze any time. Melts when treated properly. Very bitter if not used well.

Chemical Properties: Very active. Highly unstable. Possesses strong affinity with gold, silver, platinum and precious stones. Violent when left alone. Able to absorb great amounts of exotic food. Turns slightly green when placed next to a better specimen.

Usage: Highly ornamental. An extremely good catalyst for dispersion of wealth. Probably the most powerful income reducing agent known.

CAUTION: Highly explosive in inexperienced hands!

Element Name: MANIUM
Symbol: XY
Atomic Weight: 180 +/- 50



Physical properties: Solid at room temperature, but gets bent out of shape easily. Fairly dense and sometimes flaky. Difficult to find a pure sample. Due to rust, ageing samples are unable to create electricity as easily as younger samples.

Chemical Properties: Attempts to bond with WO any chance it can get. Also tends to form strong bonds with itself. Becomes explosive when mixed with KD (Element: CHILDIUM) for prolonged periods of time. Neutralise by saturating with alcohol.
Usage: None known. Possibly good methane source. Good samples are able to produce large quantities on command.

CAUTION: In the absence of WO, this element rapidly decomposes and begins to smell.

Classifieds

FOR SALE: Plastic vials (1.5ml; safe-lock). Bags of 100: \$16.00 plus postage. Contact Kathy: 412 9493.

TO RENT: Consulting Room available for rent on daily basis at 329 Upper Harbour Drive, Albany. Contact Pathma on 444 4227 or 021 049 4334.

Good News

CONGRATULATIONS to Julia Schiller! Rajan Sankaran is including her taxonomy article (recently published in Links) in his new book on plants.

She is also helping to edit the book which introduces seven new plant families, including carnivorous plants.

Websites

This new column is intended to provide interesting and useful websites for students and practitioners alike:

☞ www.wholehealthnow.com:

Articles on the history of homeopathy

☞ <http://www.interhomeopathy.org/index.php>: Scholten's online homeopathic internet journal.

Newsletter Submissions

We invite our readers to submit material for the newsletter and are interested receiving in any of the following:

- Articles on health or homeopathy
- Letters to the editor
- Details about useful websites
- Updates on homeopathic events
- Items for our classifieds column.

If you have anything to submit, or other ideas for the newsletter, please contact Kathy Thomas by emailing pukekahu@xtra.co.nz; or posting details to the ACCH office.

Deadline for our next issue is **12th October 2006**.



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